

## **Treatment Center Questions:**

Questions to ask when evaluating an inpatient drug & alcohol treatment program

1. Do you have a full-time, on-site medical director?
2. Do you have a full-time, on-site psychiatrist?
3. What other medical staff is available? Are they full-time, on-site?
4. Is medical care available on-site 24hrs a day?
5. How is detox handled? Do you provide detoxification on-site?
6. I've heard about medicines to help alcoholism and addiction detox cravings—do you have them available?
7. What is your counselor to patient ratio?
8. How many patients do you have? What is the age range?
9. I/my family member has been in treatment before- will they receive different treatment this time? Do you treat folks in relapse differently from those in primary treatment? How is it different?
10. Do you have counselors who specialize in relapse? Do they have special certifications for relapse?
11. How much are the patients under supervision, and by whom?
12. Do you have day rooms? Are patients allowed to watch TV? How many hours a day?
13. Do you have a young adult track?
14. Describe the physical grounds and property
15. I think there may be a psychiatric illness besides addiction that's happening—can you figure that out? Who would treat this?
16. Do you treat co-occurring disorders or medical conditions? How?
17. Is there opportunity for exercise and outdoor time? Please describe.
18. What are your policies on patient media (phones, iPods, TVs, PDAs, etc.) use?
19. Is there a dress code? What is it?
20. What are your restrictions/rules?
21. Are you twelve-step based?
22. How are patients' spiritual needs met?
23. How many hours of group therapy do patients get each day? Is it led by a certified counselor?
24. Do patients get individual therapy? If so, how much?
25. Are there separate women's groups?
26. Do patients attend outside 12 step groups? Are there 12-step group meetings on campus?
27. Do you offer transportation assistance—help to get to and from the airport or train?
28. What are your fees, what insurance do you accept?
29. Do you have a program for families and/or children? If so what?
30. Are there any chemical dependencies that you do not treat?
31. How long have you been in business?
32. Are you for-profit or non-profit?
33. I/my family member runs a business—will I/he/she be able to keep working while in treatment?
34. Are patients allowed to come and go?
35. What about privacy? How do you assure confidentiality?
36. How long is treatment? Is there a minimum/maximum stay?
37. Is your facility accredited? What accreditation?
38. Do you do continuing care and after care planning? What does that entail?