



## Ashley Family Wellness Program



### Now Open to All Families

Beginning in January 2010 the Father Martin's Ashley three-day Family Wellness program will now be open to all families struggling with alcoholism or drug addiction, not just the families of patients at Father Martin's Ashley.

Kristine Hitchens, LCSW-C, ABD, Director of Ashley Family Wellness and Children's Programs stated:

*"For years we had requests by families who wanted to attend our program but didn't have a loved-one enrolled as an inpatient in our facility. We are thrilled that we are now able to offer participation to anyone who wants to learn more about alcoholism and drug addiction and how it affects the family and the addict. Whether a family has a loved one in treatment at another facility, or outpatient center, or their loved-one has not yet sought treatment, our educational and counseling program can help the family get the support, education and help they need to chart a path forward toward a better life where addiction isn't controlling their lives."*

The Father Martin's Ashley Family Wellness Program is held every weekend—Friday-Sunday—on the Ashley campus in Havre de Grace, Maryland. Participants learn and interact with specially trained counselors who are versed in the issues of addiction and family dynamics. The program includes lunch on campus each day, as well as all course materials.

**For more information, or to register for the Family Wellness Program, please call or email Tracey Nelson at 800 799-4673 ext.227 or [tnelson@fmashley.com](mailto:tnelson@fmashley.com) or visit our website—[www.fathermartinsashley.org](http://www.fathermartinsashley.org) and click on Treatment Options, Family Wellness**